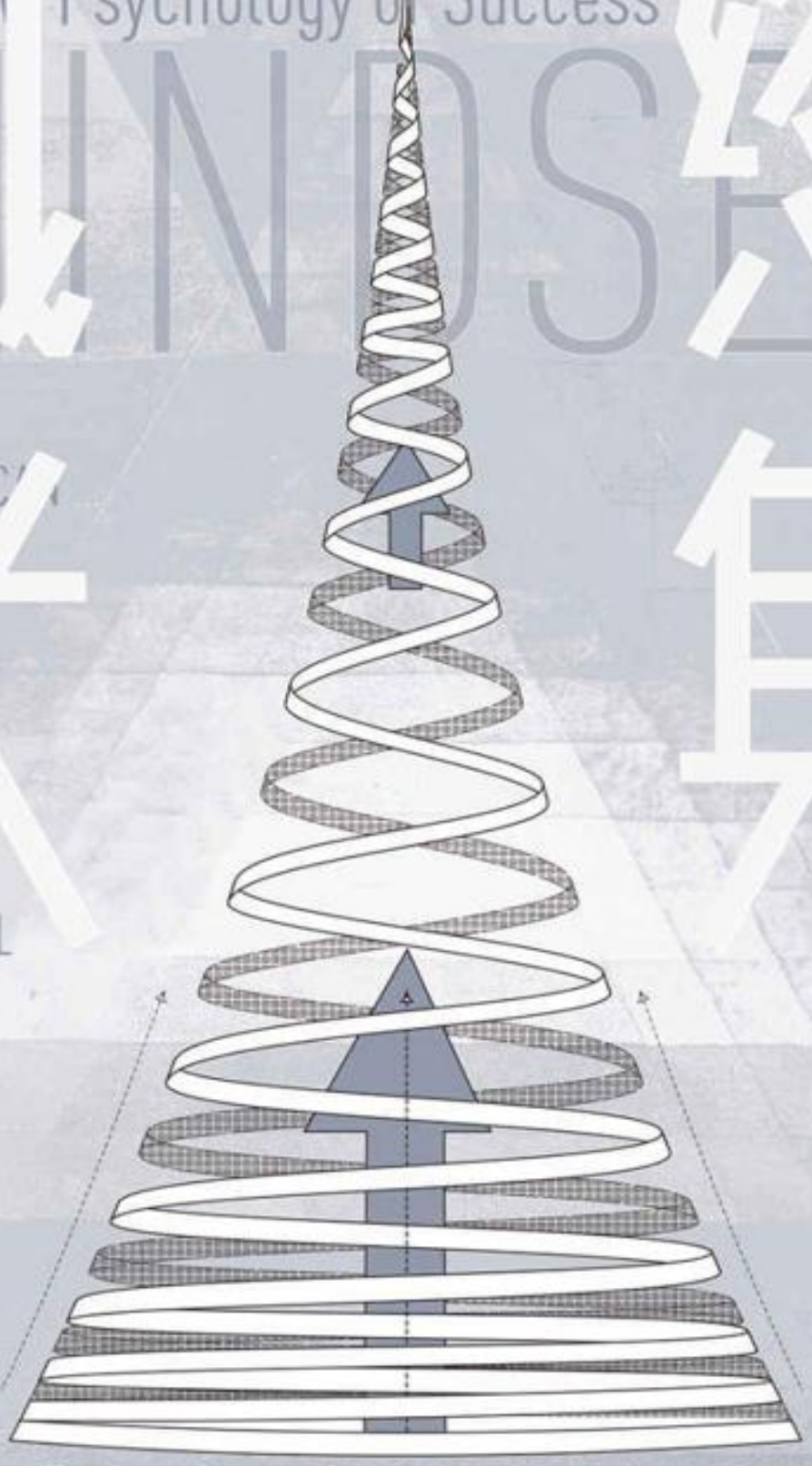
成长型思维

The New Psychology of Success

MINDSET

全新修订版

HOW WE CAN LEARN TO FULFILL OUR POTENTIAL



重新定义成功的思维模式

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楚祎楠 译

CAROL S. DWECK, Ph.D.

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[illegible]*Seabiscuit*[illegible]——[illegible]——[illegible]

[illegible]·[illegible]Laura Hillenbrand[illegible]chronic fatigue[illegible]“[illegible]”[illegible]

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[illegible]·[illegible]-[illegible]Nadja Salerno-Sonnenberg[illegible] 10 [illegible]The Juilliard School[illegible]·[illegible]Dorothy DeLay[illegible]

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[illegible]“[illegible]*The Autobiography of a Failure*[illegible]”

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[illegible]Michelle Wie[illegible]——[illegible]“[illegible]”[illegible]·[illegible]Vijay Singh[illegible]

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[illegible]·[illegible]Paul Israel[illegible]

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[illegible]*The Origin of Species*[illegible]

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[illegible]*Gifted Children*[illegible]·[illegible]Ellen Winner[illegible]

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[illegible]Garfield High School[illegible]·[illegible]Jaime Escalante[illegible]·[illegible]“[illegible]”[illegible]“[illegible]”[illegible]“[illegible]”[illegible]“[illegible]”[illegible]

[illegible]·[illegible]Benjamin Jimenez[illegible] 1987 [illegible]Stuyvesant High School[illegible]Bronx High School of Science[illegible]*Stand and Deliver*[illegible]

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[illegible]·[illegible]Marva Collins[illegible]“[illegible]”“[illegible]”[illegible]“[illegible]”[illegible]

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[illegible]*Chicago Sun-Times*[illegible]·[illegible]Zay Smith[illegible]“[illegible]”[illegible]“[illegible]”[illegible][2] [illegible][3] [illegible]“[illegible]”[illegible]“[illegible] 1564 [illegible]1616 [illegible]”

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[illegible]·[illegible]Benjamin Bloom[illegible] 120 [illegible]

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[illegible]·[illegible]Falko Rheinberg[illegible]

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[illegible]*Drawing on the Right side of the Brain*[illegible] 1 [illegible]·[illegible]Betty Edwards[illegible]

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[illegible]·[illegible]Twyla Tharp[illegible]*The Creative Habit*[illegible]*Amadeus*[illegible]“‘[illegible]’[illegible]”[illegible]

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[illegible]·[illegible]Adam Guettel[illegible]“[illegible]”[illegible]“[illegible]”[illegible]·[illegible]Richard Rodgers[illegible]*Oklahoma!*[illegible]*Carousel*[illegible]“[illegible]”[illegible]

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13 [illegible]*Amahl and the Night Visitors*[illegible]“[illegible]

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[illegible]*The Light in the Piazza*[illegible] 2005 [illegible]

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[illegible]·[illegible]Claude Steele[illegible]·[illegible]Joshua Aronson[illegible]

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[illegible]·[illegible]Frances Conley[illegible]——[illegible]——[illegible]“[illegible]”[illegible]“[illegible]‘[illegible]’[illegible]”[illegible]“[illegible]”

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[illegible]·[illegible]Julie Lynch[illegible]

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[illegible]Polgár[illegible]Susan[illegible]“[illegible] 99% [illegible]”[illegible]Judit[illegible]“[illegible]”

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① [illegible]·[illegible]（Robert Frost，1874—1963）[illegible]——[illegible]

② [illegible]·[illegible]·[illegible]（Henry Wordsworth Longfellow，1807—1882）[illegible]——[illegible]

③ [illegible]·[illegible]（Rudyard Kipling）[illegible]——[illegible]

④ [illegible]——[illegible]

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□Babe Ruth□[①]□

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[illegible]“[illegible]”[illegible]·[illegible]Muhammad Ali[illegible]·[illegible]Jose Torres[illegible]“[illegible]”[illegible]

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[illegible] 1925 [illegible] 1926 [illegible] 1931 [illegible] 0.354[illegible] 50 [illegible] 155 [illegible]·[illegible]Robert Creamer[illegible]“[illegible]……[illegible] 1925 [illegible]·[illegible]”[illegible]

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[illegible]·[illegible]·[illegible]Stephen Jay Gould[illegible]“[illegible]”[illegible]

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[illegible]·[illegible]Wilma Rudolph[illegible]? [illegible] 1960 [illegible]“[illegible]”[illegible] 22 [illegible] 20[illegible] 4 [illegible]8 [illegible] 12 [illegible]

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[illegible]·[illegible]-[illegible]Jackie Joyner-Kersee[illegible]“[illegible]”[illegible] 1985 [illegible] 1996 [illegible]100 [illegible]200 [illegible] 800 [illegible]-[illegible]

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[illegible]·[illegible]Marshall Faulk[illegible][2] [illegible] 2000 [illegible]

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[illegible]·[illegible]·[illegible] 72 [illegible]·[illegible]Don Zimmer[illegible]

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1981 [illegible]·[illegible]·[illegible]Buddy Guy[illegible]

[illegible]·[illegible]Sergio Garcia[illegible]

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[illegible] CEO[illegible]·[illegible]Ursula Burns[illegible]·[illegible]Betsy Morris[illegible] CEO[illegible]

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[illegible] CEO[illegible]eBay[illegible]Hewlett-Packard[illegible]Viacom[illegible] MTV [illegible]MTV Networks[illegible]Time[illegible]Inc.[illegible]Lucent Technologies[illegible]Rite Aid[illegible] CEO[illegible]Citigroup[illegible]PepsiCo[illegible]Verizon[illegible] CEO [illegible]·[illegible]Meg Whitman[illegible]“[illegible]……[illegible]”[illegible]“[illegible] CEO”[illegible]

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Aaron Beck

John Gottman

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Elayne Savage

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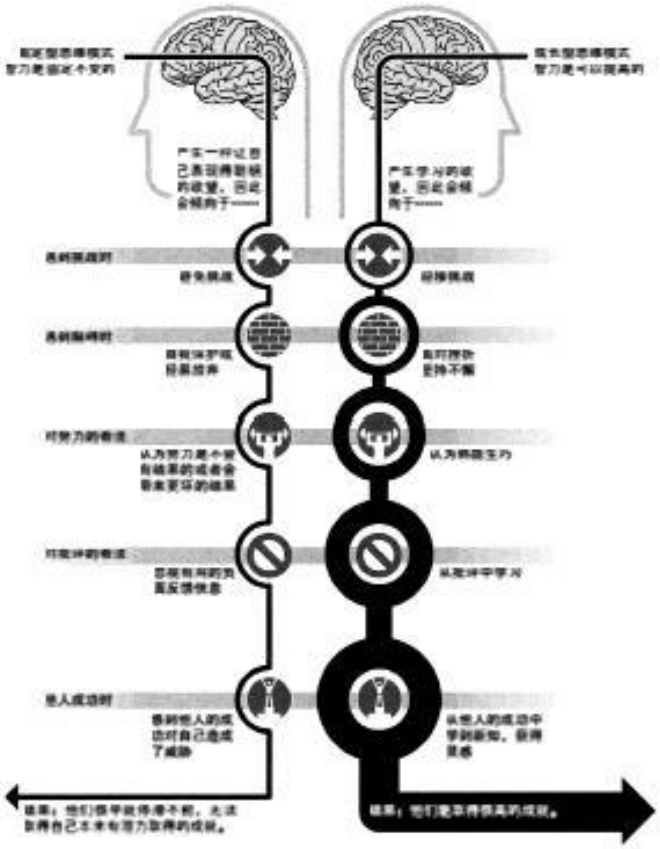

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